

## Thanks for your support in past years

It is hard to write the names of all the individuals who contribute their efforts, and wealth to make this program successful. May *Waheguru* have His *kirpa-drishti* on all of us so we can learn how to live a blissful life in his

HUKAM

Any efforts, suggestions will be highly appreciated. Please contact your local Coordinator to find out how you can help by;

- Giving suggestions
- Volunteering
- monetary funds



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A quest to know more  
and more about Gurbani



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## ਗੁਰਬਾਣੀ ਮੁਕਾਬਲਾ 2022

## Gurbani Contest 2022



### ਉਦੇਸ਼:

“ ਸਿੱਖ ਬੱਚਿਆਂ ਨੂੰ ਗੁਰਸਿੱਖੀ ਜੀਵਨ ਵਾਲੇ ਸਾਧਨ ਦੇਣੇ:

- ਗੁਰਬਾਣੀ ਨੂੰ ਕੰਠ ਕਰਨਾ
- ਗੁਰਬਾਣੀ ਦੀ ਮਹਾਨਤਾ ਨੂੰ ਸਮਝਣਾ ਅਤੇ ਗੁਰਬਾਣੀ ਦੀ ਪ੍ਰਸੰਸਾ ਕਰਨੀ
- ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਤੋਂ ਜੀਵਨ ਸੇਧ ਲੈਣੀ ਅਤੇ,
- ਆਪਣੇ ਵਿਚਾਰਾਂ ਨੂੰ ਭਾਸ਼ਣ ਰੂਪ ਵਿੱਚ ਪ੍ਰਗਟ ਕਰਨਾ”

### Mission:

“To Provide ways and means for the Sikh Youth to grow up as a confident Gursikh by:

- Memorizing Gurbani
- Understanding and appreciating the importance of Gurbani
- Seeking Sikh virtues, as enshrined in Guru Granth Sahib Ji and
- Developing presentation skills”

# Gurbani Contest

Gurbani Contest is being held since 1997. This contest is professionally organized. Experienced judges very precisely monitor the performance of each participant. Participants are judged in the area of clear pronunciation of Gurbani, understanding of Gurbani, language, clarity, style and delivery. Cash prizes, trophies and other awards are presented to participants depending upon their performance and available budget. Punjabi speaking participants receive special cash prizes at the final contest.



## Schedule

Local Gurbani contests for local center will be held

Final contest date and place will be announced later  
Your Group No. \_\_\_\_\_

**Final Contest** for year 2022 will be held in **FREMONT** on **Dec 10th 2022**

**Enroll Here:**  
[bit.ly/gurbanicontest2022](http://bit.ly/gurbanicontest2022)



## Contest Format

Enrollment is free in this contest, contributions are welcome. Please register by using the QR code on this flyer. Find your age group based on the criteria given in the chart on the next page.

**Part I: Written Quiz :** (For group 4 and 5 only) 10 multiple choice questions and 2 short answer questions, in written form will be asked. Four of the questions will be asked from the assigned pauri and rest of the questions will be from overall Japuji Sahib. Ask the coordinator for a sample.

### Part II: Recitation:

For this section you have to memorize the number of pauries assigned to your age group. You will be asked to recite 2 pauries randomly drawn. There is no time limit for this part.

Take extra care to clearly and correctly pronounce *laga-matras* as written in Gurbani

### Part III: Speech: .

For this part try to learn the meanings of the given pauries. Discuss the message given in these pauries with your parents and other gursikhs to elaborate Guru Ji' message. Find out

- what you think about this message and
- how would you implement this message in your/our daily life
- Then summarize your findings in a speech form for the competition. You can back up your idea with examples from Gurbani
- Focus on the message only

## Gurbani Contest 2022

Group	Date of Birth	Part II: Recitation	Part III: Speech	Time for part III
1	01/01/2015-Today	Any Gurbani Shabad	None	2 Minutes No Judging
2	01/01/12-12/31/14	First 7 Pauris Sochai soch.....tis gun ko-I karay.	Pauri # 4 Saacha sahib saach nai.	4 Minutes
3	07/01/09-12/31/11	First 15 pauries Sochai soch.....man janaanai man koi.	Pauri #12 through 15 all mannay pauries...	5 Minutes
4	01/01/07-06/30/09	First 27 pauris Sochai soch.....Nanak rahan raja-ee	Pauri #21	6 Minutes
5	Before 12/31/06	Complete Japuji Sahib	See special topic for Group 5	6 Minutes

## Score Criteria

Part 1 Quiz	15 points
Part 2 Recite Shudhtha	30 points
Part 3 Speech: Message	20 points
Implementation	20 points
Style	10 points
Eye Contact	5 points
Voice Rhythm	5 points
Language	5 points
Clarity	5 points
Note less Speech	5 Points